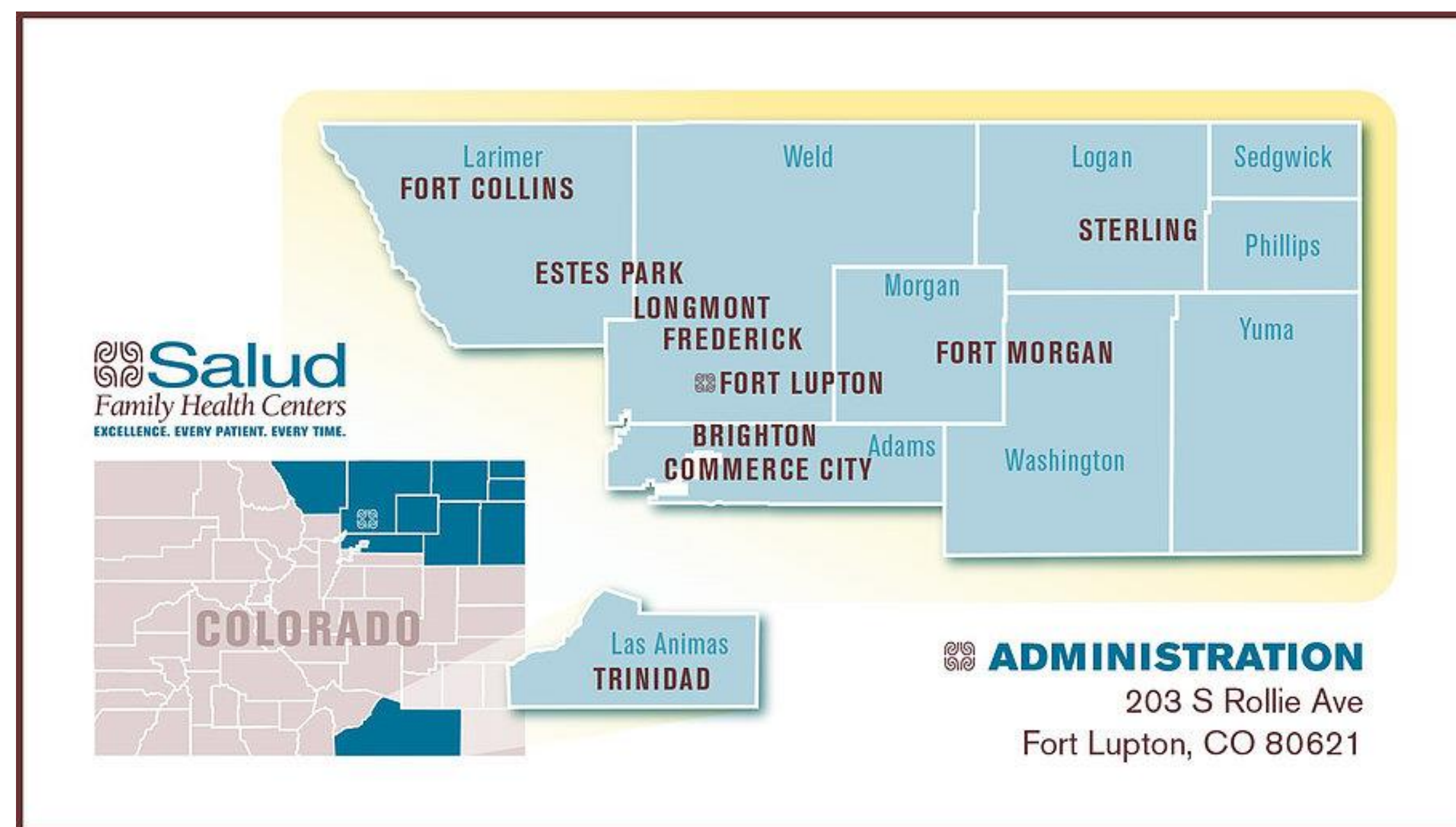


## About Salud

Salud Family Health Centers is a Federally Qualified Health Center operating in 13 clinic locations and a mobile unit.

Firm commitment to provide care to all community members regardless of finances, insurance coverage or ability to pay.



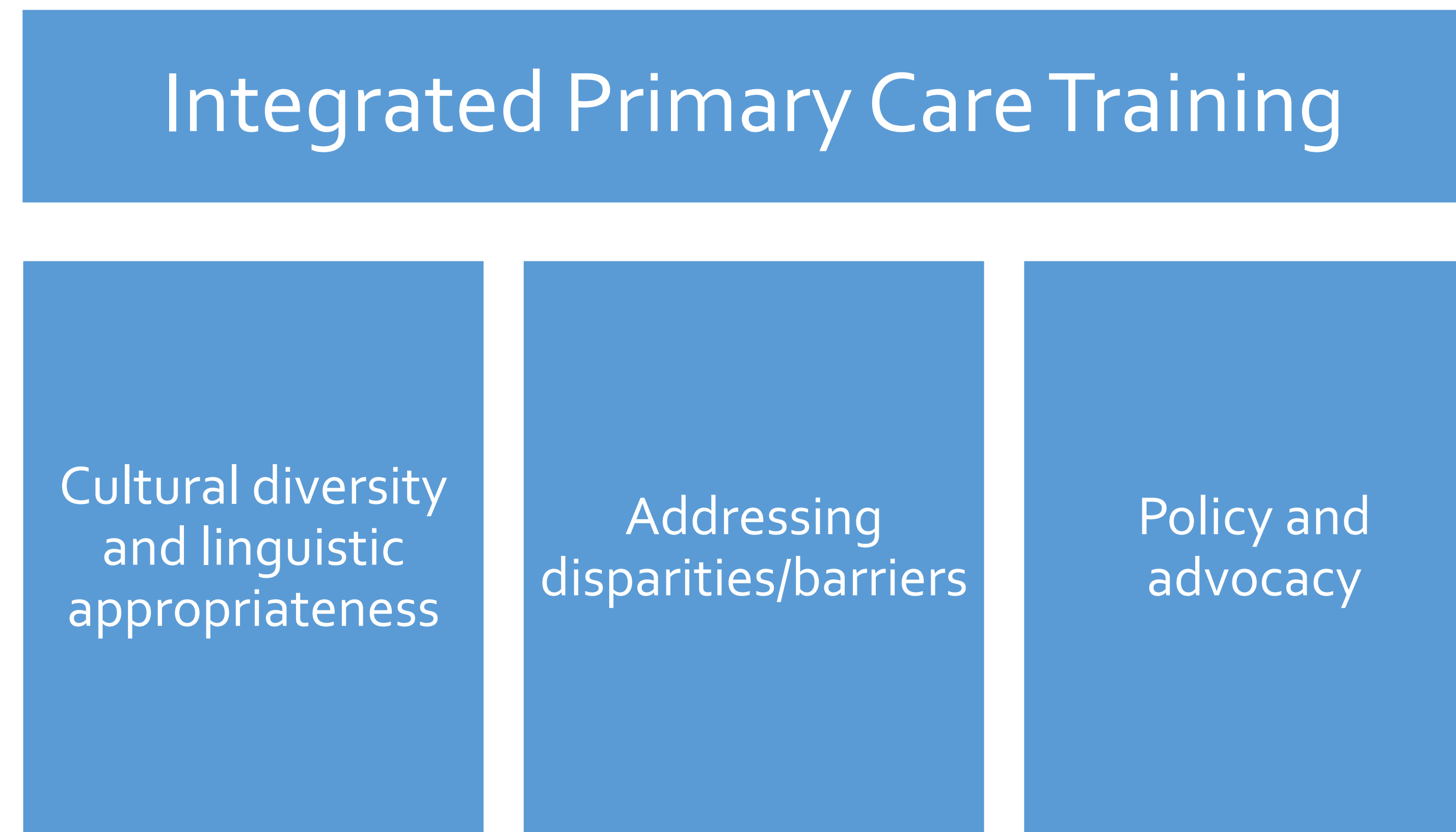
**Salud Mission:**  
*To provide a quality, integrated health care home to the communities we serve.*

## Behavioral Health Services

Medical and behavioral health located within the same building with shared access to patients and open communication regarding patients.



## The Pillars of Training



### Cultural diversity and linguistic appropriateness

- Given that the majority of patients Salud serves identify as Latinx, training on the provision of culturally responsive behavioral services is a crucial aspect of the training program.

### Addressing disparities/barriers

- Fellows receive extensive training on health disparities and barriers to care, which informs case conceptualization and intervention.

### Policy and advocacy

- Postdoctoral fellows learn how they, as future psychologists, can contribute to policy making/change and how participate in advocacy as it relates to healthcare and the communities Salud serves.

## Monthly Didactics

### Behavioral Health Management of Chronic Illnesses

- Applicable concepts of integrated primary care
- Sample of covered topics:
  - Integrated Primary Care Interventions
  - Motivation Enhancement Approaches
  - Chronic Diseases Management in Primary Care
  - Health Promotion and Disease Prevention

### Psychopharmacology

- Role of the clinical pharmacist and collaborations with Behavioral Health Providers
- Psychopharmacological treatment in primary care of depression, anxiety, substance use disorders, bipolar disorder, and ADHD.

### Cultural Diversity

- Cultural competence and its role in reducing disparities and addressing barriers to care.
- Policy and advocacy as it relates to culturally and underserved populations.
- Health disparities in the Latinx community
- Culturally informed interventions and culturally adapted treatments

## Monthly Seminars

### Supervision of Supervision

- Problems of professional competence
- Assessment/evaluation/feedback
- Ethical and legal considerations

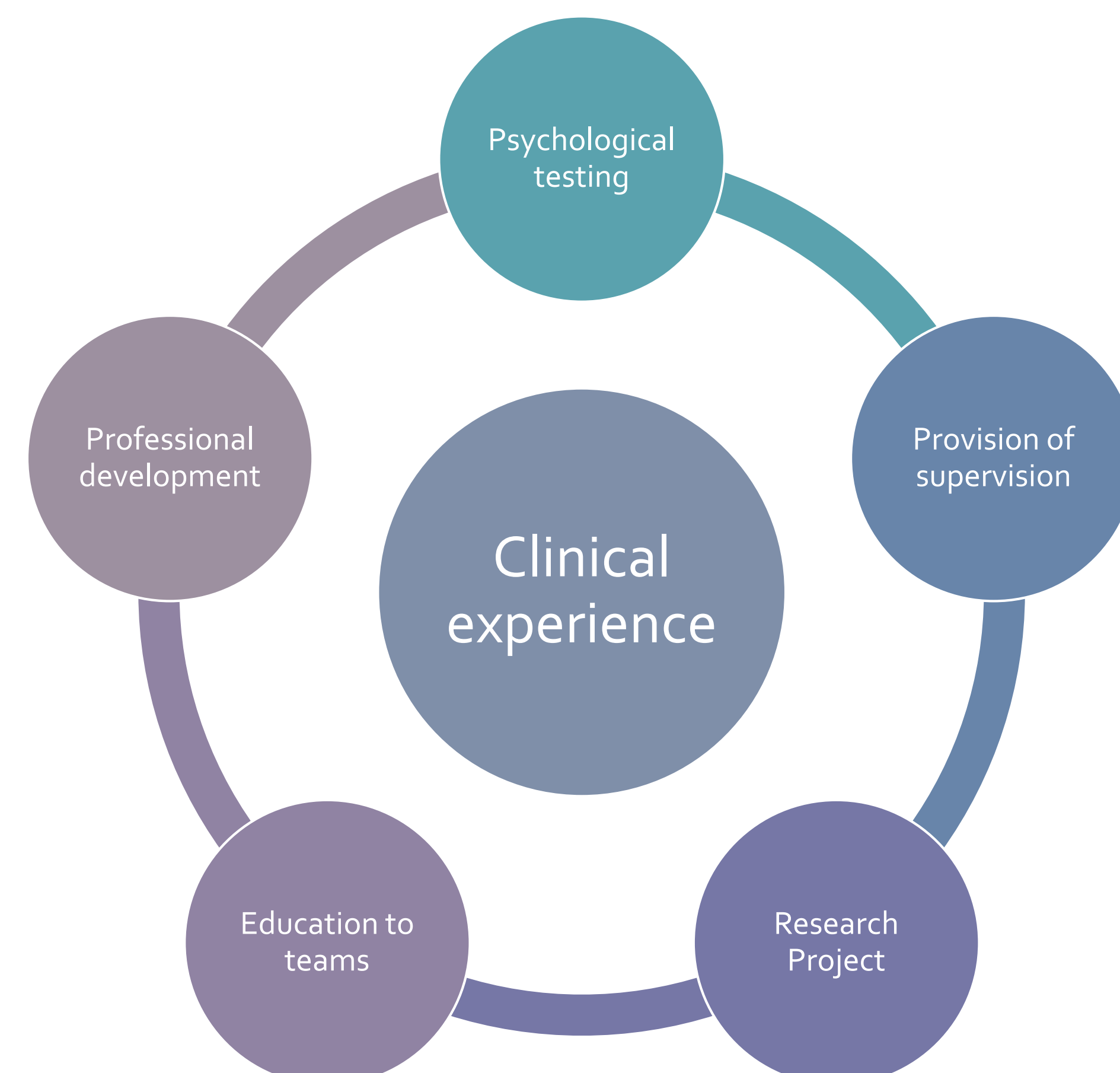
### Professional Development

- Effective interdisciplinary collaboration (e.g., educating other disciplines about BH related issues)
- Multiple roles of psychologists in integrated primary care
- Participation in selection committee of incoming class of postdoctoral fellows
- Postdoctoral project
  - Patient groups, staff wellness groups
  - Research: BH productivity, ER super utilizers, effectiveness of shared medical appointments

### Policy and Advocacy

- Population health
- Elements of interprofessional care
- Ethics in primary care
- Quality improvements
- Health care financing

## The Postdoctoral Experience



## Postdoc Feedback

*"The idea of getting involved in advocacy and policy issues wasn't something that I seriously considered before this year and now in my new position I am already getting started in these areas, which is tremendously exciting!"*

*"I think psychologist's role has evolved in the way that it provides so much in such a minimum time. It can address multiple issues in just a 20-minute encounter and still make a difference by collaborating with the medical team."*

*"I've also liked the opportunity to 'wear many hats' as a psychologist, but I feel that I learned even more of what those hats can be (e.g., providing support to staff like with CM and WiWo, coordination with resources and specialty care, advocacy and education, etc.)."*