

Salud is dedicated to providing quality and affordable comprehensive primary health care services to low-income, vulnerable populations.

Salud utilizes a multidisciplinary team where the **behavioral health providers** (BHPs) function as primary care providers (PCPs), not as ancillary staff.

BHPs work directly with the medical team and design treatment to meet each individual patient's needs.

BEHAVIORAL HEALTH SERVICES:

- Routine screening of all patients for psychosocial stressors and mental health conditions
 - Brief Intervention, referral, and follow-up for positive screens
- Consultation: PCP requests evaluation and/or intervention by BHP
- Psychotherapy
- Psychological Assessments
- Share medical appointments

Our Psychology Training Program Offers:

- In vivo supervision and designated time for individual supervision
- Bi-weekly didactics with guest speakers from different disciplines experienced in primary care
- Cultural competence and awareness of health disparities
- Emphasis on wellness and prevention
- Familiarity with the healthcare system
- Scholarly inquiry and application of current scientific knowledge to practice
- Theories and methods of psychological diagnosis and assessment in primary care
- Intervention skills appropriate to primary care (motivational interviewing, solution focused approaches)
- Psychopharmacology and behavioral medicine
- Professional consultation skills

Training Philosophy:

- Local Clinical Scientist Model
 - Observation
 - Scientific approach and attitude
 - Appreciation of context
- Help trainees utilize and expand on existing competencies in a primary care setting

Salud is a training site for:

- Doctoral level psychology practicum students
- Psychology interns
- Social work practicum students
- Primary Care Psychology Postdoctoral Fellows
- International exchange students

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